

 The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium*](#)) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, call 888-276-4732. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at www.webtpa.com or call 1-888-276-4732 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	\$300/Individual or \$600/family Copayments do not count towards deductible .	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan , each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible .
Are there services covered before you meet your deductible ?	Yes. Preventive care is covered before you meet your deductible .	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	Yes. \$100/individual and \$300/family for in-network dental; \$150/individual and \$450/family out-of-network dental.	You must pay all of the costs for these services up to the specific deductible amount before this plan begins to pay for these services.
What is the out-of-pocket limit for this plan ?	Individual: \$4,000 (\$2,750 for medical benefits and \$1,250 for pharmacy benefits). Family: \$8,000 (\$5,500 for medical benefits, \$2,500 for pharmacy benefits).	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit ?	Premiums* , balance-billing charges, some of the items listed in the "Other Covered Services" box on p. 6, the specialty drugs listed at www.saveonsp.com/adventistrisk , and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Will you pay less if you use a network provider ?	Yes. See www.aetna.com/asa or call 1-888-276-4732 for a list of network providers .	You pay the least if you use a provider in the plan's network . You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance-billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist ?	No.	You can see the specialist you choose without a referral .

Your employer may further subsidize your benefits under this plan (e.g., reduce/waive deductibles/copayments). Please contact your human resources department or call 888-276-4732 for details about any such subsidy.

* Please note that, because the plan is self-funded and not insured, the term "premiums" actually means your employee-share contribution.

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$25 copayment /visit	Not Covered	Deductible does not apply.
	Specialist visit	\$25 copayment /visit	Not Covered	Deductible does not apply.
	Other practitioner office Visit	Alternative therapy benefits: Acupuncture: 50% coinsurance Chiropractic: 20% coinsurance Massage therapy: 50% coinsurance Diabetes Self-Management Training: 0% coinsurance	Same as network since network utilization not required for these services.	Deductible does not apply. Acupuncture, chiropractic, and massage limited to combined 45 alternative visits/year and 30 visits/year in a single category. Massage therapy maximum allowable is \$90/visit and participants under age 18 are not eligible for massage therapy benefits. For acupuncture and chiropractic benefits, participants under age 10 are not eligible. Benefits for chiropractic treatment are limited to expenses for spinal manipulation plus one office visit and x-ray per plan year. Diabetes Self-Management Training is up to 10 hours (1 hour private and 9 hours group) in the first plan year and then 2 hours in subsequent years.
	Preventive care/screening/immunization	No Charge	Not covered	Deductible does not apply. You may have to pay for services that aren't preventive . Ask your provider if the services you need are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	Not covered	None.
	Imaging (CT/PET scans, MRIs)	20% coinsurance	Not covered	Pre-certification required for some imaging services.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.express-scripts.com	Generic drugs (Tier 1)	\$10 copayment /prescription for 30-day retail supply; \$20 copayment /prescription for 90-day mail-order supply or Walgreen's Smart90 retail program.	Not covered	Pre-certification required for some drugs. Deductible does not apply. Benefits for certain drugs subject to step therapy (must try lower cost drug prior to receiving benefits for higher cost drug). Some maintenance drugs require use of mail order or are subject to penalty. Specialty drugs require use of Accredo mail order. The listed 30-day retail supply copayments do not apply to the following employers: Kansas-Nebraska Conference, Minnesota Conference, and Pacific Press. Rather, for employees of these employers only, there is a 20% coinsurance for a 30-day retail supply instead of a flat dollar copayment .
	Preferred brand drugs (Tier 2)	\$20 copayment /prescription for 30-day retail supply; \$40 copayment /prescription for 90-day mail-order supply or Walgreen's Smart90 retail program.	Not covered	
	Non-preferred brand drugs (Tier 3)	\$40 copayment /prescription for 30-day retail supply; \$80 copayment /prescription for 90-day mail-order supply or Walgreen's Smart90 retail program.	Not covered	
	¹ Certain specialty drugs listed at www.saveonsp.com/adventistrisk	Copayments vary based on the specific drug, but will be \$0 if you sign up for the SaveonSP Program.	Not covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	Not covered	Pre-certification required.
	Physician/surgeon fees	20% coinsurance	Not covered	Pre-certification required.

¹ This section is effective February 1, 2020. For the month of January 2020, the tiered copayments above will apply.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need immediate medical attention	Emergency room care	20% after \$100 copayment /visit	20% after \$100 copayment /visit. Please note NO COVERAGE for Non-Emergent Care.	Copayment waived if admitted to hospital. Emergency hospital admission covered out-of-network at 20% coinsurance only until patient stable for transfer. Deductible does not apply when there is no hospital admission.
	Emergency medical transportation	20% coinsurance	20% coinsurance	Pre-certification required for air transport unless failure to provide air transport would have endangered the life of the enrollee.
	Urgent care	\$25 copayment /visit if billed as an office visit; or 20% after \$100 copayment /visit if billed as an emergency room visit	\$25 copayment /visit if billed as an office visit; or 20% after \$100 copayment /visit if billed as an emergency room visit	May be paid as an office visit or as an emergency room visit according to provider contract. Facility fees for office visits not paid. Deductible does not apply.
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	Not covered	Pre-certification required. Emergency hospital admission covered out-of-network at 20% coinsurance until patient stable for transfer.
	Physician/surgeon fees	20% coinsurance	Not covered	Surgical pre-certification required.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$25 copayment /visit for office visits; 20% coinsurance for other services.	Not covered	Pre-certification required for inpatient services, intensive outpatient, partial hospitalization, and residential care.
	Inpatient services	20% coinsurance	Not covered	
If you are pregnant	Office visits	\$25 copayment /visit	Not covered	Cost sharing does not apply to certain preventive services . Depending on the type of services, copayment , coinsurance , or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery professional services	20% coinsurance	Not covered	
	Childbirth/delivery facility services	20% coinsurance	Not covered	
If you need help recovering or have other special health needs	Home health care	20% coinsurance	Not covered	Pre-certification required. Coverage limited to 120 visits/year
	Rehabilitation services	20% coinsurance	Not covered	Therapeutic services include physical therapy, occupational therapy, and speech therapy. Collectively, there is a 90-visit/year limit for all therapeutic services. There is a maximum of 60 visits/year for any single therapeutic service. Therapeutic services require pre-certification after 12 visits per condition/incident. Vision therapy has a maximum of 30 visits/year. Vision therapy and any inpatient services require pre-certification.
	Habilitation services	20% coinsurance	Not covered	
	Skilled nursing care	20% coinsurance	Not covered	Pre-certification required.
	Durable medical equipment	20% coinsurance	Not covered	Pre-certification required for all charges above \$2,000.
	Hospice services	No charge	No charge if unavailable in-network	Pre-certification required. Deductible does not apply.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If your child needs dental or eye care	Children's eye exam	20% coinsurance	20% coinsurance	\$450 maximum payable per <u>plan</u> year per person for vision care benefits. Maximum does not apply to one pediatric annual eye exam and one pair of standard, clear-lens prescription glasses per child per <u>plan</u> year. Deductible does not apply.
	Children's glasses	20% coinsurance	20% coinsurance	
	Children's dental check-up	No charge for preventive services; 20% coinsurance for restorative care in-network	No charge for preventive services; 25% for restorative care out-of-network.	Maximum payable per <u>plan</u> year for dental care is \$2,500/individual and \$7,500/family. Separate dental deductible applies. Deductible and maximum do not apply to pediatric preventive dental care.

Excluded Services & Other Covered Services:

Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

- Cosmetic surgery
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Weight-loss programs (Except for CHIP and Weight Watchers)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- Acupuncture – covered with some limitations
- Bariatric surgery – covered with some limitations
- Chiropractic care – covered with some limitations
- Dental care (Adult and Children) – covered with some limitations
- Glasses – covered with some limitations
- Hearing aids – covered with some limitations
- Infertility treatment – covered with some limitations
- Private-duty nursing – covered with some limitations
- Routine eye care
- Routine foot care

Your Rights to Continue Coverage: There are state agencies that can help if you want to continue your coverage after it ends. The contact information for those state agencies can be found at www.HealthCare.gov/marketplace-in-your-state.

Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: WEB-TPA at 1-888-276-4732 or your employer's human resources department.

Does this plan provide Minimum Essential Coverage? Yes.

If you don't have [Minimum Essential Coverage](#) for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet Minimum Value Standards? Yes.

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-276-4732.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-276-4732.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-888-276-4732.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-888-276-4732.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$300
- [Specialist copayment](#) \$25
- Hospital (facility) [coinsurance](#) 20%
- Other [coinsurance](#) 20%

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
 Diagnostic tests (*ultrasounds and blood work*)
 Specialist visit (*anesthesia*)

Total Example Cost	\$12,738
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In this example, Peg would pay:

<i>Cost Sharing</i>	
Deductibles	\$300
Copayments	\$90
Coinsurance	\$2,400
<i>What isn't covered</i>	
Limits or exclusions	\$60
The total Peg would pay is	\$2,850

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$300
- [Specialist copayment](#) \$25
- Hospital (facility) [coinsurance](#) 20%
- Other [coinsurance](#) 20%

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
 Diagnostic tests (*blood work*)
 Prescription drugs
 Durable medical equipment (*glucose meter*)

Total Example Cost	\$7,400
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In this example, Joe would pay:

<i>Cost Sharing</i>	
Deductibles	\$300
Copayments	\$700
Coinsurance	\$300
<i>What isn't covered</i>	
Limits or exclusions	\$60
The total Joe would pay is	\$1,360

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$300
- [Specialist copayment](#) \$25
- Hospital (facility) [coinsurance](#) 20%
- Other [coinsurance](#) 20%

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)
 Diagnostic test (*x-ray*)
 Durable medical equipment (*crutches*)
 Rehabilitation services (*physical therapy*)

Total Example Cost	\$1,925
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In this example, Mia would pay:

<i>Cost Sharing</i>	
Deductibles	\$300
Copayments	\$200
Coinsurance	\$300
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Mia would pay is	\$800

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.