

Weight Watchers Health Solutions

Weight Watchers® focuses on healthy eating and increasing activity by using a 'smart points' plan based on calories, saturated fat, sugar and protein. Weekly group classes are available at local meeting sites.

100% of program fee covered for Accelerate plan members upon proof of 80% attendance.

EARN ASCEND TO WHOLENESS POINTS

Earn 48 Ascend to Wholeness points for Weight Watchers 12-week session or 68 Ascend to Wholeness points for Weight Watchers® 17-week session.

Log into <https://ascendtowholeness.org/en-US/Member> and select the Healthy Habits & Activities button.

Before you fill out the reimbursement form below make sure you have all the required documents to submit the form.

REIMBURSEMENT CHECKLIST

- Be an Accelerate Plan member to receive full benefit
- Attach the Weight Watchers® attendance verification form showing 80% completion, for example, 13 of 16 sessions.
- Attach the Weight Watchers® receipt or any proof of program payment such as a copy of your check, or credit card statement (copied in 8 1/2 x 11, if mailing in).
- Attach a signed Doctor referral form for Weight Watchers®
- Complete and submit the required documents listed above to:

WebTPA

Mail: WebTPA
PO BOX 99906
GRAPEVINE, TX 76099-9706

Fax: 1-469-417-1960

NOTE: The plan allows you to file for reimbursement once a year and you have one year from program completion to file for reimbursement when the program was completed. You **MUST** complete 80% of the program to be reimbursed.

Administered by:
Adventist Risk Management® Inc.
12501 Old Columbia Pike, Silver Spring, MD 20904

Number of sessions required to reach 80 percent for reimbursement.

If this many sessions are offered...	You need to attend this many sessions to reach 80%	If this many sessions are offered...	You need to attend this many sessions to reach 80%
17	14	10	8
16	13	9	8
15	12	8	7
14	12	7	6
13	11	6	5
12	10	5	4
11	9	4	3

PLEASE NOTE: Only Accelerate plan members are eligible to be reimbursed for the Weight Watchers program.

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